



**2023 Commercial Outpatient Prior Authorization Behavioral Health Procedure Code List  
PROCEDURES REQUIRING PRIOR AUTHORIZATION  
EXCEPT AS OTHERWISE NOTED IN THE UPDATES COLUMN, THESE PRIOR AUTHORIZATION REQUIREMENTS ARE EFFECTIVE  
ON JANUARY 1, 2023**

This list includes Current Procedural Terminology (CPT®) and/or Healthcare Common Procedure Coding System (HCPCS) codes related to services/categories for which prior authorization may be required as of January 1, 2023, for some of our commercial non- HMO members, such as those listed below:

- PPO
- Blue Choice Preferred PPO(SM)
- Blue Choice PPO(SM)
- Blue Options(SM)/Blue Choice Options(SM)
- Blue High Performance Network(SM) [Blue HPN(SM)]

This is not an exhaustive listing of all codes. Codes may change, and this list may be updated throughout the year. The presence of codes on this list does not necessarily indicate coverage under the member benefits contract. Member contracts differ in their benefits. Consult the member benefit booklet or contact a customer service representative to determine coverage for a specific medical service or supply. Prior authorization for some services/categories must be obtained through Blue Cross and Blue Shield of Montana (BCBSMT). Prior authorization for other services/categories must be obtained through a utilization management vendor.

It's imperative that providers check eligibility and benefits for each patient prior to rendering services to confirm benefits, prior authorization requirements and utilization management vendors that must be used, if applicable. Providers may submit online eligibility and benefits inquiries (electronic 270 transactions) via the Availity® Provider Portal (availity.com) or other preferred web vendor portal. Services performed without prior authorization, if required, will be denied for payment and providers may not seek reimbursement from BCBSMT members. Obtaining prior authorization is not a substitute for checking eligibility and benefits.

Service	Service Description
<p align="center">Partial Hospitalization Treatment Program</p>	<p>A Claim Administrator approved planned program of a Hospital or Substance Use Disorder Treatment Facility for the treatment of Mental Illness or Substance Use Disorder Treatment in which patients spend days s. This behavioral healthcare is typically 5 to 8 hours per day, 5 days per week (not less than 20 hours of treatment services per week). The program is staffed similarly to the day shift of an inpatient unit, i.e. medically supervised by a Physician and nurse. The program shall ensure a psychiatrist sees the patient face to face at least once a week and it otherwise available, in person or by telephone, to provide assistance and direction to the program as needed. Participants at this level of care do not require 24 hour supervision and are not considered a resident at the program. Requirements: the Claim Administrator requires that any Mental Illness and/or Substance Use Disorder Partial Hospitalization Treatment Program must be licensed in the state where it is located, or accredited by a national organization that is recognized by the Claim Administrator as set forth in its current credentialing policy, and otherwise meets all other credentialing requirements set forth in such policy.</p>
<p align="center">Applied Behavior Analysis (ABA)</p>	<p>Applied behavior analysis is a method of therapy utilized to improve or change specific behaviors of members who have a diagnosis within the Pervasive and specific developmental disorders category of ICD-10.</p>
<p align="center">Intensive Outpatient Programs (IOP)</p>	<p>A freestanding or Hospital-based program that provides services for at least three hours per day, two or more days per week, to treat mental illness, drug addiction, substance abuse or alcoholism, or specializes in the treatment of co-occurring mental illness with drug addiction, substance abuse or alcoholism. Programs that specialize in the treatment of severe or complex co-occurring conditions offer integrated and aligned assessment, treatment and discharge planning services for mental illness and for drug addiction, substance abuse or alcoholism. It is more likely that Participants with co-occurring conditions will benefit from programs addressing both mental illness and drug addiction, substance abuse or alcoholism than programs that focus solely on mental illness conditions.</p>

Outpatient Electroconvulsive Therapy (ECT)	A treatment that involves brief electrical stimulation of the brain while a member is under anesthesia to treat severe psychiatric disorders and billed by a facility/clinic. It is typically administered anywhere from 2-3 times per week if a member is simultaneously admitted to an inpatient Care Level. However, once the member steps down to an outpatient Care Level, frequency may change to once every 3-4 weeks.
Psychological/Neuropsychological Testing	Psychological testing consists of the administration of psychological tests which measure a sample of a member's behavior. Note: Psychological/Neuropsychological Testing only requires Prior Authorization in some cases. BCBSMT will notify the provider if prior authorization is required for these testing services.
Repetitive Transcranial Magnetic Stimulation (rTMS)	A form of brain stimulation therapy used to treat psychiatric conditions in a facility/clinic setting. A treatment course is usually 1 daily session, 5 times per week for up to 6 weeks, followed by a 3-week taper of 3 rTMS session in week one, 2 rTMS sessions the next week, and one rTMS session in the last week (total of 36 sessions). The treatment course may be repeated after a 6-month cessation period if needed. The therapy cannot be administered on the same day as a PHP, IOP, ECT, or ABA Care Level service.

PRESS "CTRL" AND "F" KEYS AT THE SAME TIME TO BRING UP THE SEARCH BOX. ENTER A PROCEDURE CODE OR DESCRIPTION OF THE SERVICE.

Procedure Code	Service Category	Code Description	Managed By	Updates
97151	Applied Behavior Analysis (ABA)	Bhv Id Assmt By Phys/Qhp	BCBSMT	—
97152	Applied Behavior Analysis (ABA)	Bhv Id Suprt Assmt By 1 Tech	BCBSMT	—
97153	Applied Behavior Analysis (ABA)	Adaptive Behavior Tx By Tech	BCBSMT	—
97154	Applied Behavior Analysis (ABA)	Grp Adapt Bhv Tx By Tech	BCBSMT	—
97155	Applied Behavior Analysis (ABA)	Adapt Behavior Tx Phys/Qhp	BCBSMT	—
97156	Applied Behavior Analysis (ABA)	Fam Adapt Bhv Tx Gdn Phy/Qhp	BCBSMT	—
97157	Applied Behavior Analysis (ABA)	Mult Fam Adapt Bhv Tx Gdn	BCBSMT	—
97158	Applied Behavior Analysis (ABA)	Grp Adapt Bhv Tx By Phy/Qhp	BCBSMT	—
0362T	Applied Behavior Analysis (ABA)	Bhv Id Suprt Assmt Ea 15 Min	BCBSMT	—
0373T	Applied Behavior Analysis (ABA)	Adapt Bhv Tx Ea 15 Min	BCBSMT	—
90870	Electroconvulsive Therapy	Electroconvulsive Therapy (Includes Necessary Monitoring)	BCBSMT	—
96105	Psychological and Neuropsychological Testing	Assessment Of Aphasia, Per Hour	BCBSMT	—
96110	Psychological and Neuropsychological Testing	Developmental Screening, Per Instrument	BCBSMT	—
96112	Psychological and Neuropsychological Testing	Devel Tst Phys/Qhp 1St Hr	BCBSMT	Add effective 01/01/2023
96113	Psychological and Neuropsychological Testing	Devel Tst Phys/Qhp Ea Addl	BCBSMT	Add effective 01/01/2023
96116	Psychological and Neuropsychological Testing	Neurobehavioral Status Exam, Per Hour	BCBSMT	—
96121	Psychological and Neuropsychological Testing	Each Additional Hour For Neurobehavioral Status Exam- Must Be Used With 96116 (Not A Stand Alone Code)	BCBSMT	—

96125	Psychological and Neuropsychological Testing	Standardized Cognitive Testing, Per Hour	BCBSMT	—
96127	Psychological and Neuropsychological Testing	Brief Emotional/Behavior Assessment	BCBSMT	—
96130	Psychological and Neuropsychological Testing	Psychological Interpretation And Reporting Following Testing, By Qualified Health Care Professional, First Hour	BCBSMT	—
96131	Psychological and Neuropsychological Testing	Each Additional Hour Of 96130 (Not A Stand Alone Code)	BCBSMT	—
96132	Psychological and Neuropsychological Testing	Neuropsychological Interpretation And Reporting Following Testing, By Qualified Health Care Professional, First Hour	BCBSMT	—
96133	Psychological and Neuropsychological Testing	Each Additional Hour Of 96132 (Not A Stand Alone Code)	BCBSMT	—
96136	Psychological and Neuropsychological Testing	Administration Of Psychological Or Neuropsychological Testing By Physician Or Psychologist, First 30 Minutes	BCBSMT	—
96137	Psychological and Neuropsychological Testing	Each Additional 30 Minutes Of 96136 (Not A Stand Alone Code)	BCBSMT	—
96138	Psychological and Neuropsychological Testing	Administration Of Psychological Or Neuropsychological Testing By A Technician, First 30 Minutes	BCBSMT	—
96139	Psychological and Neuropsychological Testing	Each Additional 30 Minutes Of 96138 (Not A Stand Alone Code)	BCBSMT	—
96146	Psychological and Neuropsychological Testing	A Single Psychological Or Neuropsychological Test Administration By Computer	BCBSMT	—
90867	Repetitive Transcranial Magnetic Stimulation (rTMS)	Tcranial Magn Stim Tx Plan	BCBSMT	—
90868	Repetitive Transcranial Magnetic Stimulation (rTMS)	Subsequent Delivery And Management, Per Session	BCBSMT	—
90869	Repetitive Transcranial Magnetic Stimulation (rTMS)	Sunsequent Motor Threshold Re-Determination	BCBSMT	—

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Please note that checking eligibility and benefits and/or the fact that a service has been prior authorized is not a guarantee of payment. Benefits will be determined once a claim is received and will be based upon, among other things, the member's eligibility and the terms of the member's certificate of coverage applicable on the date services were rendered. If you have questions, contact the number on the member's ID card.

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